

Plumas Lake Elementary Schools

Breakfast

January, 2018

1	2	3	4	5
Holiday	Holiday	Holiday	Holiday	Holiday
8	9	10	11	12
Yoplait Fruit Smoothies and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) 100% Apple Juice and Seasonal Fruit	Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Orange Smiles and Seasonal Fruit	Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit	Sausage and Pancake Breakfast on a Stick Breakfast Cereal (Served with a Cheese Stick) Fresh Apple and Seasonal Fruit	Fresh Baked Cinnamon Roll Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit
15	16	17	18	19
Holiday	Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Fresh Banana and Seasonal Fruit	Pancakes Breakfast Cereal (Served with a Cheese Stick) Chilled Applesauce and Seasonal Fruit	Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit	Fresh Baked Muffin Squares Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit
22	23	24	25	26
Yoplait Fruit Smoothies and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) 100% Apple Juice and Seasonal Fruit	Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Orange Smiles and Seasonal Fruit	Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit	Sausage and Pancake Breakfast on a Stick Breakfast Cereal (Served with a Cheese Stick) Fresh Apple and Seasonal Fruit	Fresh Baked Cinnamon Roll Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit
29	30	31		
Breakfast Fruit and Yogurt Parfait Breakfast Cereal (Served with a Cheese Stick) 100% Orange Juice and Seasonal Fruit	Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Fresh Banana and Seasonal Fruit	Pancakes Breakfast Cereal (Served with a Cheese Stick) Chilled Applesauce and Seasonal Fruit	Breakfast Sausage Sandwich Breakfast Cereal (Served with a Cheese Stick) Raisins and Seasonal Fruit	Fresh Baked Muffin Squares Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

Plumas Lake Elementary Schools

Lunch

January, 2018

1	2	3	4	5
Holiday	Holiday	Holiday	Holiday	Holiday
8	9	10	11	12
Cheese Enchiladas Cheese Quesadilla Black Beans	Mandarin Chicken with Chow Mein or Rice Veggie Egg Roll with Chow Mein or Rice Stir Fry Veggies	Jumbo Corn Dog Fruit and Yogurt Parfait Seasoned Curly Fries	Pasta with Meat Sauce, served with Garlic Bread Pasta with Red Sauce, served with Mozzarella Roasted Broccoli	Domino's Pepperoni Smart Slice Pizza Domino's Cheesey Smart Slice Pizza Roasted Sweet Potatoes
15	16	17	18	19
Holiday	Chicken Taquitos Ultra Bean and Cheese Burrito Smooth Refried Beans	Chicken Nuggets Cheesey Crossiant Pinwheel Sauteed Spinach	Breaded Chicken Sandwich Goey Grilled Cheese Sandwich Steamed Carrot Coins	Pepperoni Galaxy Personal Pizza Cheese Galaxy Personal Pizza Tasty Tator Tots
22	23	24	25	26
Nacho Pack Cheese Quesadilla Salsa Cup	Teriyaki Chicken with Chow Mein or Rice Veggie Egg Roll with Chow Mein or Rice Stir Fry Veggies	Mini Corn Dogs Fruit and Yogurt Parfait Roasted Sweet Potatoes	Breakfast for Lunch - Pancakes and Sausage Breakfast for Lunch - Pancakes and Yogurt Tasty Tator Tots	Domino's Pepperoni Smart Slice Pizza Domino's Cheesey Smart Slice Pizza Roasted Broccoli
29	30	31		
Mac N Cheese served with Corn Bread Baked Cheese Breadsticks and Pizza Roasted Corn	Crunchy Beef Tacos Cheese Quesadilla Smooth Refried Beans	Chicken Strips Grilled Cheese Sandwich Steamed Green Beans		

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!